

RPG Conference 2018 Manchester

Workshops 1-4 Friday, Sept 28th

Workshop 1 - Patient engagement - techniques and tools to measure and improve it

Rachel Fraser, Renal Pharmacist, Freeman Hospital, Newcastle

Rachel Gair, Patient Measures Team, Renal Registry

Patient activation' describes the knowledge, skills and confidence a person has in managing their own health and care. Evidence shows that when people are supported to become more activated, they benefit from better health outcomes, improved experiences of care and fewer unplanned care admissions.

Understanding a patient's activation level can help healthcare professionals to support patients to make decisions about their health, in a person-centred way.

This workshop will introduce the concept of patient activation, and how the "Patient Activation Measure" (PAM) survey can be used to support patients to manage their health better.

The session will be interactive and encourage participants to explore different interventions that can be used with individual patients to increase their activation and engagement.

There will be a discussion around the relationship between activation and concordance with medicines, and how pharmacists can use knowledge of patient activation in conversations about medicines.

For more information, have a look at:

<https://www.thinkkidneys.nhs.uk/ckd/>

<https://www.england.nhs.uk/ourwork/patient-participation/self-care/patient-activation/>

Hibbard, J. H, et al. (2004) Health services research, 39(4p1), 1005-1026

Workshop 2 - Palliative care / conservative management in the renal patient

Kath Mitchell, Palliative Care Pharmacist, St Ann's Hospice, Little Hulton

& Salford Royal NHS Foundation Trust

Through the use of case studies, the management of symptoms often experienced by patients with renal disease will be explored. There will be the chance to see what is reversible and what is not, how to treat and manage symptoms.

End of life care will also be covered and will take into account where the patient would like to be cared for at end of life

Workshop 3 - Basics to understanding immunology tests and diagnosis

Philip Masson, Consultant Nephrologist, Royal Free Hospital, London

To follow

Workshop 4 - Management of Acute Kidney Injury

Louise Delany, AKI Lead Pharmacist, St Helen's and Knowsley NHS Trust

Overview of AKI; including staging criteria signs and symptoms of AKI and common clinical investigations used in diagnosis.

Drug induced AKI and prescribing in AKI. Managing AKI patients without specialist nephrology services and when to refer patients with AKI to nephrology. Case studies on managing patients with AKI from a pharmacist's perspective.

Workshops 5-8 Saturday Sept 29th

Workshop 5 - Case studies in transplantation - 3 or 4 difficult cases

Rob Bradley, Consultant Renal Pharmacist, University Hospital of Wales

This will be an interactive workshop centred around 2 or 3 actual "tricky transplant" cases with a focus on classic post transplant infections. All conference delegates are welcome to attend. Those with years and years of transplant experience will help to drive the discussions based on the patients they have looked after and those who encounter transplant patients infrequently will pick up nuggets of useful advice and have the opportunity to ask questions and develop their knowledge base.

Workshop 6 - PD peritonitis and its treatment

Kathrine Parker, Renal Pharmacist, Manchester Royal Infirmary

Lorraine Palmer, PD specialist Nurse, Manchester Royal Infirmary

This session will provide an update on peritonitis management from the ISPD. We will cover the holistic approach to prevention of PD peritonitis and novel methods in development for early peritonitis detection. The session will conclude with practical considerations during peritonitis treatment and the supporting evidence base.

Workshop 7 - Current management of renal anaemia - prescribing , supply and administration

Sue Perrin, Anaemia Nurse, Central Manchester University Hospitals NHS Trust

Anaemia management has changed beyond recognition since the introduction of erythropoiesis stimulating agents and then safer intravenous iron preparations. A plethora of research has been conducted and continues still, looking at optimizing treatments and trying to determine target levels for both haemoglobin and iron levels.

Using a case study I will demonstrate some of the complexities of applying guidance in practice when people have multiple co-morbidities. We will explore how these types of cases can be managed in terms of dosage of erythropoietin stimulating agents and the use of intravenous iron.

Finally, I will briefly cover the different options concerning the supply of erythropoietin and choices in administration.

Workshop 8 - Home therapies with a focus on nocturnal HHD

Gail Williams, Lead Nurse, Welsh Renal Clinical Network

Christopher Brown, Consultant Renal Pharmacist, Morriston Hospital, Swansea

‘With great power comes great responsibility’ – to Peter Parker AKA Spiderman
Set in home with a warm bed and a comfy couch a true story of how people are empowered to take responsibility for their own destiny. Brought to you by a South Wales dialysis production this gripping tale of how, under the watchful eye of a home therapies team, dialysis belongs at home. Hear the story of:

- How to set up programme
- How to ensure safety with a multi-professional team
- How to learn from case studies

Watch the trailer at <https://www.youtube.com/watch?v=ZZGLmUEmRWY> .

Premieres September 29th Manchester Conference Centre

